



DESCRIPTION OF THE ACE INTERFACE MASTER TRAINER COMMITMENT

NYSCAA, in collaboration with Pro Action of Steuben and Yates, is sponsoring a two day training for CAA staff who are interested in becoming an educator/facilitator using ACE Interface Master Trainer Program materials. Twenty-five CAA staff from New York State Community Actions Agencies (CAA) will be selected to be part of a cohort to become ACE Interface Master Trainers. Selected applicants will attend **a training that will tentatively be held on April 28 & 29, 2020 in a central location in the state, likely the Syracuse area.** The training will include instruction and facilitation by Laura Porter Laura Porter, co-founder of ACE Interface and instruction and discussion with Dr. Rob Anda, co-principal investigator of the ACE Study.

In this role as a Master Trainer, you would be a presenter and coach, helping to support awareness, knowledge, and application of a bundle of scientific findings from the fields of Neuroscience, Epigenetics, epidemiology (The Adverse Childhood Experiences Study) and Resilience. We call this bundle of science: “NEAR Science.” NEAR Science findings explain how experience throughout our lives shapes who we are, how we relate to ourselves, other people and the world around us. Experience has a powerful effect on health and well-being. NEAR Science also inspires hope-filled action. In our time, we can shift the trajectory of the public’s health.

The 25 person cohort will work together to learn content, improve presentation skills, and increase the capacity of your community to use this science to dramatically improve health, safety and productivity. Over time, individuals from this 25 person cohort will be able to become certified to train and supervise speakers. This certification process typically takes between 9 months and a year. During that time, you will need to be able to participate with your cohort as a member of a community of practice. A community of practice is a group of people who share a concern or a passion for something they do, and learn how to do it better as they interact regularly. Our ACE Interface Master Trainer Community of Practice will problem solve, discuss developments, map knowledge and emerging NEAR-informed thinking and practices, and link to similar communities of practice in at least nine other states.

In order to be considered as an applicant, **you must be able to attend the entire two-day training event 2020 in a central location in the state, likely the Syracuse area, on April 28 & 29th (tentatively), and also agree to participate as a part of the cohort of educator/facilitators through your certification as a Master Trainer.** This may require up to two additional in-person education sessions that may be held in or near Syracuse over the course of the first year.

The selected candidates will:

- Make a commitment to a team of 25 NEAR Expert Presenter & Coaches, to participate, contribute, and learn from ACE Interface materials and from one another as we do the work of building NEAR capacity in New York State.

- Gain an understanding of the key concepts of Neurobiology, Epigenetics, Adverse Childhood Experiences, and Resilience curriculum;
- Facilitate community conversations as presenters of the content;
- Model community change through deep dialogue with other speakers and community members; and,
- Once certified after success with steps above, educate others to speak to, and present, the NEAR science materials.

Every applicant will have strengths and weaknesses and areas of expertise and curiosity. Selection criteria will be based on New York's goal of supporting a strong cohort of people whose skills and "community reach" are complementary and synergistic.

In order to become certified an ACE Interface Master Trainer, candidates must participate in all aspects of the program. These components include:

- Completing reading background materials provided.
- Participating in the two-day training (tentatively scheduled for April 28 & 29, 2020) and follow-up workshops or trainings to support relationships, progress, and development of other strategic skills sets that support the team's needs;
- Presenting NEAR content (with co-presenter, if possible) on at least two occasions within 90 days of the initial 2 day training and 4 additional occasions within 6-12 months.
- Supporting quality assurance efforts by participating in all program evaluation processes.
- Committing to participation in a Community of Practice throughout the training process – taking time to explore the curriculum, shared values, best practices, vision for the future of this work, etc.

Description of Roles and Responsibilities for an ACE Interface Master Trainer:

- Understand core concepts of Neurobiology, Epigenetics, Adverse Childhood Experiences, and Resilience (NEAR) curriculum;
- Apply the learning to self, personally and professionally where relevant;
- Participate in the community of practice:
- Ask questions and share insights with others;
- Facilitate dialogues so that this information is integrated at a values level;
- Be able to adapt to audience as appropriate;
- Be committed to the quality of the science and the compassion of its application;
- Agree to deliver the curriculum with fidelity to the science and to the values of the ACE Interface products: fundamental respect for the wisdom of every human being; and, transformative positive change.

Costs

The cost of the two day training per person is \$1,200. Additionally, **you will have costs for transportation to and from the training, lodging, meals, and any other ancillary costs associated with attendance in the two-day event,** and follow-up events or other learning community participation.

Not an Income Producing Activity

ACE Interface Master Trainers do not use this work as an income producing activity. Although Master Trainers are allowed to receive reimbursement for out-of-pocket costs and small honorarium to offset lost wages, the license associated with the materials that you will use as a Master Trainer specifies that

being a Master Trainer is essentially a volunteer activity. The purpose of this program is to broadly disseminate scientific information with fidelity and facilitate dialogue about how people would like to use the science to improve their community.